

Special Child Health

218-4111

Special Child Health

The Special Child Health Program coordinates and monitors the services needed by any child with a potential disability (physical or mental) from birth to age 22. This office provides: Case Management services to children with chronic illnesses and/or developmental delays; Linkages to services to benefit the children; and Assists families in accessing appropriate educational settings and related services.

Volunteer Opportunities

218-4106

Medical Reserve Corps (MRC)



Volunteer Services

Volunteering to help during a public health emergency can make a big difference in the lives of others! Should a public health emergency occur, medical clinics might be needed for mass distribution of medications and immunizations. In an effort to be ready, we are seeking health care professionals and interested persons who wish to volunteer to help.

Please call us to apply or to obtain additional information concerning our Medical Reserve Corps at: (856) 218-4106.

The County of Gloucester complies with all state and federal rules and regulations and does not discriminate on the basis of age, race, creed, color, national origin, ancestry, marital status, affectional or sexual orientation, gender identity or expression, disability, nationality or sex in admission to, access to, or operations of its programs, services, activities or in its employment practices. In addition, Gloucester County encourages the participation of people with disabilities in its programs and activities and offers special services to all County residents 60 years of age and older. Inquiries regarding compliance may be directed to the EEO office at 856-384-6903 or through the County's ADA Coordinator at (856) 384-6842/New Jersey Relay Service 711.



Robert M. Damming
Freeholder Director

Jim Jefferson
Freeholder Liaison

Frank DiMarco
Freeholder Deputy Director

DEPARTMENT OF HEALTH

Offices at East Holly

204 East Holly Avenue

Sewell, New Jersey 08080

www.gloucestercountynj.gov

(856) 218-4101



Committed to protecting Gloucester County from health threats and assisting residents to adopt healthful lifestyles.

Programs and Services



Welcome! The Gloucester County Department of Health strives to provide the highest standard of public health services to achieve a “healthier” Gloucester County.

We seek to protect the community from health threats and assist residents to adopt healthful lifestyles through the many quality programs we provide. Services are delivered through five major divisions: Consumer and Environmental Health; Health Education; Nursing; Public Health (All Hazards) Preparedness; and Women, Infants, and Children (WIC).

Please refer to the pages that follow for a description of each of these programs and the services offered. We encourage you to utilize these services. If you have any questions or would like more information, please do not hesitate to call or stop by.

Thank you for the privilege of serving you!

Wishing You Good Health,

Robert M. Damming
Freeholder Director

Jim Jefferson
Freeholder Liaison

WIC

218-4116

The **Women, Infants and Children (WIC)** Supplemental Food Program of Gloucester County provides services to pregnant or post-partum women, infants, and children under five years old. Services include food vouchers, nutrition education and counseling, health screenings, breastfeeding education and assistance, and referrals to other health and social service providers. The program is offered free of charge to eligible County residents who meet income eligibility guidelines.

WIC OFFERS 3 LOCATIONS TO BETTER SERVE YOU!

SEWELL

County Health Offices @ East Holly
204 East Holly Avenue
Sewell NJ 08080
856-218-4116

Monday, Wednesday, Thursday & Friday:

8:30 AM to 4:30 PM

Tuesday: 8:30 AM to 6:30 PM

PAULSBORO

County Health Building
1000 Delaware Street
Paulsboro, NJ 08066
856-423-7160

Tuesday, Thursday, and Friday: 8:30AM to 4:30 PM

Wednesday: 8:30 AM to 6:30 PM

WILLIAMSTOWN

Monroe Twp. Municipal Building

125 Virginia Avenue
Williamstown, NJ 08094
856- 218-4116

Monday: 8:30 AM—4 PM (By Appointment Only)



The Preparedness program tracks patterns of disease for unusual occurrences, plans for responding to emergencies and provides health-specific bioterrorism and preparedness information to the public.

The Preparedness Program is available to answer questions and provide presentations to the public. All information and presentations are free. Please call the Preparedness program at (856) 218-4106 for more information.

Community Coordination

NJLINCS is an electronic network created by public health professionals to provide information and/or enhance means to communicate with one another to protect the public's health. This is an internet based network of health departments located throughout the state, the New Jersey Department of Health and public and private organizations. There are links to Federal agencies, e.g.: CDC, as well. If you would like to be added to our database for notification of emergency information, please e-mail your contact information to: ckephart@co.gloucester.nj.us.

Right-To-Know

Provides education, training and counsel for free to residents, public agencies, and private industry concerning the storage or handling of chemicals or any potentially hazardous materials in the community as well as any possible health impact. Please call (856) 218-4180.

About Us

The Gloucester County Department of Health is a service agency which operates under the auspices of the Gloucester County Board of Chosen Freeholders. By contract with all 24 municipalities, the Department of Health provides: a range of nursing activities, environmental health services, public health information, and health education sessions to all residents of Gloucester County. Many of these services focus upon protecting persons from health threats and assist our residents to adopt healthful lifestyles. Most of these programs are provided to county residents at no charge.

Our Vision:

“Strive for a Healthier Gloucester County”



Our Mission is to:

- ◇ Prevent illness and injury;
- ◇ Promote positive health behaviors;
- ◇ Protect people and the environment; and
- ◇ Prepare for public health emergencies

“Prevent. Promote. Protect. Prepare.”

Department Values

The Gloucester County Department of Health operates under six established core values which serve as guiding principles our team remains committed to.



Core Values Include:

H = Helpful.....*We are Customer Service Oriented*

E = Excellence..... *We deliver high quality services*

A = Accountable.....*We are responsible to our communities*

L = Leaders.....*We are a trusted public health source*

T = Team..... *We achieve more together*

H = Healthful.....*We make health a priority*

Nursing Services

218-4102

Recommended Health Screenings

	Ages 18 - 39	Ages 40 - 49	Ages 50 - 64	Ages 65 +
Flexible Sigmoidoscopy (with fecal occult blood test is preferred)			Every 5 years (if not having a colonoscopy)	Every 5 years (if not having a colonoscopy)
Colonoscopy			Every 10 years	Every 10 years
Eye and Ear Health: Eye exam	At least one exam from ages 20-29 and at least two exams from ages 30-39.	Get an exam at age 40, then every 2-4 years or as your doctor advises.	Every 2-4 years or as your doctor advises you	Every 1-2 years
Hearing test	Starting at age 18, then every 10 years	Every 10 years	Every 3 years	Every 3 years
Skin Health: Mole exam	Monthly mole self-exam; by a doctor every 3 years, starting at age 20.	Monthly mole self-exam; by a doctor as part of a routine full checkup.	Monthly mole self-exam; by a doctor as part of a routine full checkup.	Monthly mole self-exam; by a doctor as part of a routine full checkup.
Oral Health: Dental exam	One to two times every year	One to two times every year	One to two times every year	One to two times every year
Mental Health Screening	Discuss with your doctor or nurse.	Discuss with your doctor or nurse.	Discuss with your doctor or nurse.	Discuss with your doctor or nurse.
Immunizations: Influenza vaccine	Yearly	Yearly	Yearly	Yearly
Pneumococcal vaccine				PCV 13 - 1 Dose PPSV 23- 1 Dose
Tetanus-Diphtheria Booster vaccine	Every 10 years	Every 10 years	Every 10 years	Every 10 years
Meningococcal Vaccine	Discuss with your doctor or nurse if attending college.			
Human papillomavirus vaccine (HPV) (for women)		Up to age 45; discuss with your doctor or nurse.		
Herpes zoster vaccine (to prevent shingles)			Starting at age 60, Discuss with your doctor or nurse.	Starting at age 60, Discuss with your doctor or nurse.

Recommended Health Screenings

	Ages 18 - 39	Ages 40 - 49	Ages 50 - 64	Ages 65 +
	Discuss with your doctor or nurse.	Discuss with your doctor or nurse.	Discuss with your doctor or nurse.	Discuss with your doctor or nurse.
Thyroid test (TSH) (for women)	Start at age 35, then every 5 years.	Every 5 years	Every 5 years	Every 5 years
Bone Health: Bone density screen (for women)		Discuss with your doctor or nurse.	Discuss with your doctor or nurse.	Get a bone mineral density test at least once. Talk to your doctor or nurse about repeat testing.
Heart Health: Blood pressure test	At least every 2 years	At least every 2 years	At least every 2 years	At least every 2 years
Cholesterol test (fasting lipoprotein profile)	Start at age 20, every 5 years	Every 5 years if normal	Discuss with your doctor or nurse.	Discuss with your doctor or nurse.
Diabetes: Blood sugar test	Discuss with your doctor or nurse.	Start at age 45, then every 3 years	Every 3 years	Every 3 years
Breast Health: Mammogram (x-ray of breasts for women)		Every 1–2 years. Discuss with your doctor or nurse.	Every 1–2 years. Discuss with your doctor or nurse.	Every 1–2 years. Discuss with your doctor or nurse.
Clinical breast exam (for women)	At least every 3 years starting in your 20s	Yearly	Yearly	Yearly
Prostate Health: Digital Rectal Exam (DRE) (for men)		Discuss with your doctor or nurse.	Every 5-10 years with each colorectal screening	Every 5-10 years with each colorectal screening
Prostate-Specific Antigen (PSA) (blood test) (for men)		Discuss with your doctor or nurse.	Discuss with your doctor or nurse.	Discuss with your doctor or nurse.
Reproductive Health: Testicular exam (for men)	Monthly self-exam; and part of a general checkup.	Monthly self-exam; and part of a general check-up.	Monthly self-exam; and part of a general check-up.	Monthly self-exam; and part of a general check-up.
Pap test (for women)	Every 1–3 years if you have been sexually active or are older than 21	Every 1–3 years	Every 1–3 years	Discuss with your doctor or nurse.
Pelvic exam (for women)	Yearly	Yearly	Yearly	Yearly

Information provided by the U.S. Department of Health & Human Services and The American Heart Association

What is Public Health?



Public Health is your health. It is how the health of those around you effect you on a daily basis. The Gloucester County Department of Health serves as the first line of defense in maintaining and improving the public’s health status. We offer a variety of general and specialized programs to maintain and improve the health and wellbeing of our residents and our environment.

The Department has adopted the following ten essential public health services as departmental goals:

1. Monitor the health status of the community.
2. Investigate and diagnose health problems and hazards.
3. Inform and educate people regarding health issues.
4. Mobilize community partnerships to solve community problems.
5. Support policies and plans to achieve health goals.
6. Enforce laws and regulations to protect health and safety.
7. Link people to needed personal health services.
8. Ensure a skilled, competent public health workforce.
9. Evaluate effectiveness, accessibility and quality of health services.
10. Research and apply innovative solutions.

***We are only as healthy as the world we live in.
We believe our services can benefit everyone,
every day, everywhere in Gloucester County.***

Environmental Health

218-4180

Air Pollution Control

Complaints regarding smoke, particulate emissions, odors and open burning are investigated and resolved. Inspections include dry cleaners, paint spray facilities, and other source facilities.

Hazardous Materials/Emergency Response

Investigations of spills of hazardous materials are conducted, ensuring that spills have been properly cleaned-up. Emergencies involving hazardous materials are answered while seeking to minimize exposure of residents and the environment. An interagency agreement with the Office of Emergency Management is in place which provides a team trained to respond to Chemical, Biological, Radiological, Nuclear and Explosive (CBRNE) incidents.

Noise Pollution Control

In cooperation with the NJDEP, complaints/requests concerning noise are investigated and resolved.

Safe Drinking Water

Potable Water surveillance includes the process of review of plans for potable water wells. We certify the installation of wells through inspections and review of laboratory results. Complaints of water quality are investigated. Sampling programs in identified areas throughout the county are conducted of contaminated wells as necessary.

Solid Waste Control

Routine monitoring of all solid waste disposal facilities in the county is conducted to assure compliance with state standards. Additionally, citizen complaints and requests related to solid waste disposal are addressed.

Nursing Services

218-4102

Tuberculosis Control (TB)

We protect the residents of Gloucester County by providing case management for all individuals diagnosed with Tuberculosis or exposed to people with Tuberculosis. Persons diagnosed with tuberculosis are followed through a course of treatment, at no charge to the patient, to cure active disease or to protect the exposed person from developing Active disease. Clinic services are available as follows:

Counsel and Treatment (by Appointment Only)

County Health Offices @ East Holly
204 East Holly Avenue
1st & 3rd Thursday of each month
4 PM to 5:30 PM

Skin Testing (For Gloucester County residents Only)

County Health Offices @ East Holly
204 East Holly Avenue
2nd and 4th Monday of each month
9 AM - 11 AM
Walk-Ins Welcome

Paulsboro County Health Building
1000 Delaware Street
1st and 3rd Monday of each month
9AM - 11 AM
Walk-Ins Welcome

- ◆ To obtain additional information or to schedule an appointment, please call: (856) 218-4102.
- ◆ Check our web page for any scheduling changes:
www.gloucestercountynj.gov

Nursing Services

218-4102

Sexually Transmitted Infections

Confidential referral, evaluation, and treatment are available at no cost clinics. Walk-ins are welcome during the time listed below:

County Health Offices @ East Holly
204 East Holly Avenue
Wednesdays, 3 PM - 4:30 PM

HIV Testing and Counseling

Rapid to Rapid Confidential testing, counseling and referral are available at no cost clinics to the client. No appointment needed. Walk-ins are welcome during the time listed below:

County Health Offices @ 204 East Holly Avenue
Thursdays, 4 PM - 5:30 PM

Check our website for changes to STI or HIV Clinics:
www.gloucestercountynj.gov

ARCH Program

The Access to Reproductive Care and HIV Services (ARCH Nurse) Program is a harm reduction program that is dedicated to reducing the spread of HIV/AIDS and other infectious diseases by offering prevention services to individuals in the community, including pregnant woman, at high risk for HIV & STI's. Screenings include: Hep C; HIV; STI's, along with preconception counseling and drug treatment assessment. Linkages to prenatal & obstetrical care, wound management, family planning; and/or drug treatment are made. No appointment needed.



County Health Offices @ East Holly
204 East Holly Avenue

Monday through Thursday

9-11:30 AM and 1-3 PM and

Paulsboro County Health Building 1000 Delaware Street
Wednesdays 1-2:30 PM

Environmental Health

218-4180

Water Pollution Control

The water program has several distinct components, each of which is aimed at the ultimate protection of the public health (through protection of water supplies) and preservation of the quality of the natural environment:

Ground and surface water pollution control entails the sampling and analysis of ground and surface water sources throughout the county, the maintenance of an inventory of potential pollution sources, investigation of conditions which may present a hazard to public health, and the subsequent enforcement action as necessary.

Septic system plan review and installation approval encompasses a whole spectrum of activities designed to assure the proper disposal of sewage, protection of ground water and avoidance of nuisance conditions. As a public health agency, we encourage connection to public sewerage systems where possible. The County of Gloucester remains largely rural and many new housing developments are relying on individual sewage disposal systems.

Investigations of malfunctioning systems and associated nuisances and oversight of alterations and repairs to existing systems are also a part of the work of this office.





Body Art

Body art includes tattoos, permanent cosmetics, and body piercing. Plans for facilities are approved and inspections conducted to ensure compliance with state regulations. Some fees may apply, please call for details.

Campgrounds

This surveillance program seeks to control sanitation and safety at campgrounds based upon State law and regulations. Inspections conducted annually. Some fees may apply, please call for details.

Food Surveillance

Food establishments include restaurants, super markets, grocery stores, delicatessens, taverns, mobile units, temporary food events, etc. Any establishment or operation which offers to the public any food or beverage with or without direct charge is subject to the provisions of Chapter 24 of the State Sanitary Code and must be inspected at least once annually. Some fees may apply, please call for details.

Lead Abatement

In conjunction with the lead poisoning prevention component of the Child Health programs, Inspection staff identify the need for and follow through of the timely removal of lead hazards (i.e: lead-based paint) for children affected by lead intoxication. Consumer products can also be tested, such as cosmetics/make-up, toys and spices. This



Health Screenings and Counsel

Free health screenings and information on healthful living is available routinely at:

County Store Deptford Mall
1st Friday of each month
8 AM - 10 AM
“Walk-Ins” Welcome

Public Health Nurses are also available to provide health screenings and education to your community event or organization, please call 218-4108 for more information.

Lead Screenings & Case Management

Free lead screening is offered to any child up to the age of 6 years. Case Management services are provided for any child with an elevated lead level. To make an appointment or for further information, please call 218-4127.



Adult Immunization Program

Immunizations are essential in protecting children from many devastating diseases. Adults also need immunizations to protect themselves. Individuals who do not have medical insurance can receive the following adult vaccines offered by Gloucester County Department of Health (by appointment only): Hepatitis A, Hepatitis B, Twinrix (Hepatitis A & B combination vaccine), Human Papillomavirus, Influenza, Meningitis, MMR (Measles, Mump, Rubella), Pneumococcal, Tdap (Tetanus, Diphtheria, Pertussis), Td (Tetanus), Varicella (Chickenpox), Zoster (Shingles).

Nursing Services

218-4102

Vaccines for Children Program

For children without health insurance coverage, immunizations and screenings for anemia and lead poisoning are provided to children aged 2 months to 6 years at no cost to the family. Children, grades K through 12, receive immunizations required to attend school.

Please call 218-4127 for an appointment at one of the following times and locations:

County Health Offices @ East Holly
204 East Holly Avenue
Tuesdays, 8:30 AM - 3 PM
Thursdays, 8:30 AM - Noon

Paulsboro County Health Building
1000 Delaware Street
1st & 3rd Mondays
8:30 AM - Noon



Flu Vaccinations

Each year, influenza vaccinations are available at no cost to county residents at scheduled locations throughout the county. For your convenience, a schedule is printed in the County newsletter in the Fall, announced in the local newspaper and on our website at:

www.gloucestercountynj.gov

Eligibility restrictions and supply availability may apply.

Consumer Health

218-4170

Public Health Nuisances

Investigates various public health nuisances such as stagnant water conditions. Local boards of health have adopted requirements that provide for uniform enforcement standards under their housing and property maintenance codes. Surveys and investigation of complaints are carried out to identify such conditions and ensure enforcement action and abatement. This service is provided at no cost to the consumer.

Rabies/Zoonosis Control

Seeks to prevent and control rabies and other zoonosis in animals (any disease in animals communicable/spread to humans) through assuring compliance with rabies vaccination laws; adherence to standards in kennels, pet shops, shelters and pounds; the expeditious investigation of animal biting incidents; and control of stray dogs and other animals. This service is provided free of cost.

Recreational Bathing

Sanitation and safety inspections of public bathing places (i.e: swimming pools, spas and lakes). Some fees may apply, please call for details.

Youth Camps

Resident camps and day camps undergo periodic sanitary and safety inspections. The State Health Department conducts routine inspections of these establishments. The County Health Department conducts pre-operational inspections for all new camps.



The Health Education program aims to encourage the optimal health of all people in Gloucester County by emphasizing health awareness, quality nutrition and adequate physical activity. All programs are offered free of charge. Please call 218-4106 if you'd like any further information.

Presentations, Screenings and Materials

Health Education presentations, screenings which include DermaScan and DEXA Scan readings, and other materials of interest are provided to civic groups, schools, worksites, senior citizens, and community requestors. If you are looking for information on a health topic, we are an excellent resource for you!



Women's Health Summit (WHS)

Every fall, the free annual WHS provides women and their families with the opportunity to experience fun and helpful workshops and exhibits on important health and wellness issues. Several health screenings are offered as well to promote educational awareness.



Senior Health Connection

This is a community outreach program for senior citizens that offers health screenings for blood pressure, glucose, cholesterol, skin concerns and bone density and also provides program/services information geared specifically to our seniors.

“Step By Step” Walking Program

Our walking program is designed especially for older adults. It is a one (1) hour per week program, lasting six (6) weeks. We will help you find new ways to make walking for fitness a natural part of your life. Learn strategies to help you move toward your goal of increasing physical activity and improving your level of fitness.



Tai Chi (Evidenced Based Program)

This free exercise program designed for all age groups focuses upon teaching mobility, breathing and relaxation techniques with slow movements which are designed to provide a continual challenge. The program provides individuals with improved balance, increased strength and enhanced flexibility with the ultimate goal being to reduce the risk of falls.



Sunrise Yoga

This is a very gentle form of yoga which will help you relax and improve your well-being. It is a 1 hour program lasting 6 weeks. Yoga mats are provided by the county for your use, we only ask that you bring a towel.