

# GLOUCESTER COUNTY SENIOR NUTRITION PROGRAM

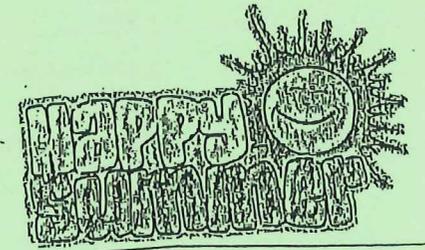
## August 2016

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Roast Beef w/Gravy Mashed Potatoes Peas and Carrots Wheat Bread Fresh Orange Milk</p>	<p>2</p> <p>Baked Cheese Ziti w/ Sausage &amp; Sauce Sautéed Spinach Romaine Salad w/Tomato &amp; Dressing Parmesan Cheese Italian Roll Pears Milk</p>	<p>3</p> <p>Hot Dog on a Bun Sauerkraut Baked Beans Roasted Potatoes Ketchup &amp; Mustard Packet Fresh Peach Milk</p>	<p>4</p> <p>Tuna Hoagie w/ lettuce &amp; Tomato Carrot Raisin Salad Pasta Salad Brownie Milk</p>	<p>5</p> <p>Sweet and Sour Chicken w/ peppers and onions Brown Rice Japanese Vegetables Roll Fruit Cocktail Milk</p>
<p>8</p> <p>Pea Soup Crab Cake/Tartar/Cocktail See Macaroni and Cheese Stewed Tomatoes and Zucchini Hamburger Roll Nectarine Milk</p>	<p>9</p> <p>Chicken Florentine/ w/ Sauce Rice Carrots Tossed Salad/Tomato &amp; Dressing Rye Bread Sherbet Milk</p>	<p>10</p> <p>Meatloaf w/Gravy Mashed Potatoes Harvard Beets Wheat Bread Fruit Cocktail Milk</p>	<p>11</p> <p>Tomato Soup Turkey Hoagie Potato Salad Pasta Salad Apple Milk</p>	<p>12</p> <p>Steak Sandwich Fried Onions Hongie Roll Home Fried Potatoes Succotash Mixed Melon Milk</p>
<p>15</p> <p>Salisbury Steak w/Gravy Scalloped Potatoes Broccoli Rye Bread Watermelon Milk</p>	<p>16</p> <p>Italian Sausage w/Pasta &amp; Sauce Garlic Green Beans Cucumber, Onion and Tomato Salad Roll Parmesan Cheese Pudding Milk</p>	<p>17</p> <p>Apple Juice Roast Pork w/Gravy Egg Noodles Buttered Peas Wheat Bread Cake Milk</p>	<p>18</p> <p>Cream of Broccoli Soup/ Crackers Teriyaki Chicken w/Sauce Rice Vegetable Medley Dinner Roll Pineapple Tidbits Milk</p>	<p>19</p> <p>Seafood Salad on Lettuce Leaf w/ Sliced Tomato Potato Salad Carrot Raisin Salad Wheat Bread Banana Milk</p>
<p>22</p> <p>Potato Encrusted Fish Macaroni &amp; Cheese Stewed Tomatoes Wheat Bread Tartar Sauce Mandarin Oranges Milk</p>	<p>23</p> <p>Minestrone Soup/ Crackers BBQ Chicken Red Skinned Potatoes Green Peas and Carrots Roll Cantaloupe Milk</p>	<p>24</p> <p>Hot Roast Beef w/Gravy Garlic Mashed Potatoes Brussels Sprouts Sandwich Roll Birthday Cake Milk</p>	<p>25</p> <p>Beef Barley Soup/Crackers Tuna Salad on Lettuce Leaf w/ Sliced Tomato Macaroni Salad 3 Bean Salad Wheat Bread Pear Milk</p>	<p>26</p> <p>Spaghetti/ w Meatballs &amp; Sauce Tossed Salad w/Tomato &amp; Dressing Capri Blend Vegetables Parmesan Cheese Dinner Roll Pudding Milk</p>
<p>29</p> <p>Cheeseburger on a Bun Baked Beans Green Beans Watermelon Milk</p>	<p>30</p> <p>Baked Potato Soup/Crackers Chicken Caesar Salad w/ Croutons, Parmesan Cheese Dressing Pasta Salad Dinner Roll Pudding Milk</p>	<p>31</p> <p>Ham w/Pineapple Sauce Sweet Potatoes and Apples Spinach Wheat Bread Peach Milk</p>	<p><b>ALL MEALS ARE SUBJECT TO CHANGE!!</b></p>	



## KNOW YOUR SITES

- #1. Mantua.....10 to 2PM.....468-4773  
(Joan Villanova)
- #2. Glassboro.....9 to 1PM.....881-6610  
(Lou Weiss)
- #3. Thorofare.....9 to 1PM.....853-6496  
(Norlynn Garlic)
- #4. Williamstown.....9 to 1PM.....728-1140  
(Peggy Principato)
- #5. Franklinville.....9 to 1PM.....694-1413  
(Brenda Eidam)
- #6. Paulsboro.....9 to 1PM.....423-3387



Nutrition Office  
686-8327

Serv-a-Tray  
686-8325

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Partially funded under the cooperation of the Gloucester County Board of Chosen Freeholders, and the Title III of the Older Americans Act as amended in 1978.

Robert M. Damminger  
Freeholder Director

Jim Jefferson  
Freeholder Liaison  
Department of Health, Senior & Disability Services

Leona G. Mather  
Director  
Division of Senior Services

The County of Gloucester complies with all state and federal rules and regulations and does not discriminate on the basis of age, race, creed, color, national origin, ancestry, marital status, affectional or sexual orientation, gender identity or expression, disability, nationality or sex in admission to, access to, or operations of its programs, services, activities or in it-employment practices. In addition, Gloucester County encourages the participation of people with disabilities in its programs and activities and offers special services to all County residents 60 years of age and older. Inquiries regarding compliance may be directed to the EEO office at (856) 384-6903 or through the County's ADA Coordinator at (856) 384-6842/New Jersey Relay Service 711.