

GLOUCESTER COUNTY SENIOR NUTRITION PROGRAM – JANUARY 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 HAPPY NEW YEAR	2 Chicken Noodle Soup/Crackers Seafood Salad on lettuce leaf /Tomato Macaroni Salad 3 Bean Salad 2 Slices whole wheat bread Chocolate or Rice Pudding 2%Milk	3 Hamburger w/cheese Hamburger Bun Baked Beans Steamed Potatoes Ketchup/Mustard Fruit Cocktail 2%Milk
6 Chicken Marsala Mushroom Marsala Sauce Rice Japanese Vegetables 1 roll w/ Margarine Cake 2%Milk	7 Veg. Barley Soup w/Crackers Beef Burgundy Elbow Macaroni Green Peas Wheat Bread Chocolate Ice Cream 2%Milk	8 Smoked Pork Sausage w/Sauerkraut Roasted Potatoes California Blend White Roll w/Margarine Mustard/Ketchup Fruit Jello w/topping 2% Milk	9 Cream of Potato Soup w/Crackers Fillet of Fish Hamburger Roll Buttered Corn & Broccoli Tartar Sauce Pears 2% Milk	10 Beef & Cheese Lasagna Marinara Sauce Spinach Italian Roll w/Margarine Fresh Apple 2%Milk
13 Broccoli Cheese Soup/Crackers Beef Meatloaf w/Gravy Scalloped Potatoes Glazed Carrots White Dinner Roll w/Margarine Fresh Orange or Fruit in Season 2%Milk	14 BBQ Roast loin of Pork Sweet Potatoes Italian Green Beans 1 Slice Wheat Bread w/Margarine Peaches 2%Milk	15 Chefs Choice of Soup w/Crackers Roast Chicken Breast w/Gravy Garlic Mashed Potatoes Spinach Sliced Wheat Bread Fruit Cocktail 2% Milk	16 Beef and Bean Chili Brown Rice Mixed Vegetables Corn Bread w/Margarine Jello w/Topping 2%Milk	17 Potato Encrusted Fish Macaroni & Cheese Stewed Tomatoes/Zucchini 1 Sliced Wheat Bread w/Margarine Ketchup/Tartar Sauce Vanilla Pudding 2%Milk
20 MARTIN LUTHER KING DAY	21 Chicken Parmesan Rigatoni w/tomato sauce Green Beans Green Salad/Tomato/Italian Dressing Wheat bread w/Margarine Parmesan Cheese Fruit Cocktail 2%Milk	22 BBQ Pork w/Saut.Onions Baked Beans Cauliflower/Boccoli/Cheese Sauce Hamburger Roll w/Margarine Apple Sauce 2%Milk	23 Tomato Soup w/Crackers Tuna Salad Lettuce Leaf w/Tomato Slice Macaroni Salad 3 Bean Salad 1 Slice Wheat Bread w/Margarine Banana Or In Season Fruit 2%Milk	24 Turkey open face w/gravy White bread w/Margarine Sweet Potato Harvard Beets Chocolate Pudding 2%Milk
27 Roasted Pork w/Gravy Egg Noodles Buttered Peas 1 Slice Wheat Bread w/Margarine Tidbits Pineapple 2%Milk	28 Chicken Orzo Soup w/Crackers Philly Steak Sandwich w/cheese Fried Onions w/ Roll Oven Roasted Potatoes Succotash Ketchup Tapioca Pudding 2%Milk	29 Ham Slice w/Pineapple Sauce Mashed Sweet Potatoes Cabbage 1 Slice Wheat Bread w/Margarine Birthday Cake 2%Milk	30 Navy Bean Soup w/Crackers Chicken Cacciatore w/Tomato Sauce Penne Pasta Vegetable Medley White Dinner Roll w/Margarine Orange Sherbert 2%Milk	31 Beef Salisbury Steak w/Gravy Sliced paprika potatoes Broccoli 1 Slice wheat bread w/Margarine 1 Fresh Apple 2%Milk

t Juice is 100% Fruit Juice.

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Revised 8/2016

Gloucester County Department of Health & Human Services

Division of Senior Services Nutrition Program

Lunch Sites

Site #1	Mantua Community Center 111 East Mercer Ave Mantua, NJ 08051	Site Manager Telephone Serving Time	Joan Villanova 468-4773 12:30 PM
Site #2	Glassboro Senior Center 152 South Delsea Drive Glassboro, NJ 08028	Site Manager Telephone Serving Time	Mike Sylvester 881-6610 11:30AM
Site #3	Thorofare Fire Hall 1 Firehouse Rd. Thorofare, NJ 08086	Site Manager Telephone Serving Time	Tina Clay 853-6496 11:30AM
Site #4	Pfeiffer Community Center 301 Blue Bell Street Williamstown, NJ 08094	Site Manager Telephone Serving Time	Rick Andress 728-1140 11:30AM
Site #5	First Baptist Church Jericho 981 Mail Ave Deptford, NJ 08096	Site Manager Telephone Serving Time	Norlyn Garlic 468-1648 11:30AM
Site #6	Second Baptist Church 1534 Pine Street Paulsboro, NJ 08066	Site Manager Telephone Serving Time	Rich Gambale 423-3387 11:30AM

NUTRITION OFFICE
686-8327

SERV-A-TRAY OFFICE
686-8325

Partially funded under the cooperation of the Gloucester County Board of Chosen Freeholders, and the Title III of the Older Americans Act as amended in 2016.

Robert M. Damminger Freeholder Director	Jim Jefferson Freeholder Liaison	Leona G. Mather Director
Department of Health, Senior & Disability Services		Division of Senior Services

The County of Gloucester complies with all state and federal rules and regulations against discrimination in admission to, access to, or operations of its programs, services, and activities. In addition, County encourages participation of people with disabilities in its programs and activities and offers special services to all residents 60 years of age and older. Inquiries regarding compliance may be directed to the County's ADA Coordinator at (856) 384-6842/ New Jersey Relay Service 711.