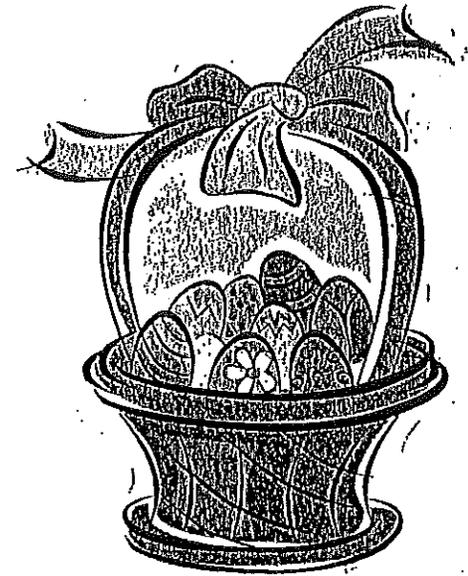


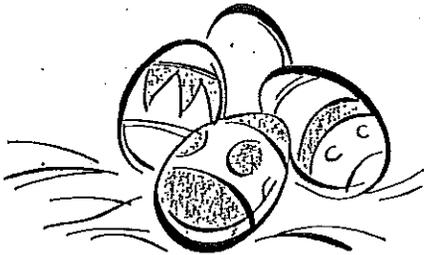
GLOUCESTER COUNTY SENIOR NUTRITION PROGRAM
March 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Roasted Chicken w/Gravy Garlic Mashed Potatoes Spinach Wheat Bread Fruit Cocktail Milk	2 Meatloaf w/Gravy Au Gratin Potatoes Glazed Carrots White Dinner Roll Fresh Fruit in Season Milk	3 Broccoli Cheese Soup/ Crackers BBQ Pork Sweet Potatoes Italian Green Beans Rye Bread Peaches Milk	4 Fish Macaroni & Cheese Stewed Tomatoes Rye bread Tartar Sauce Pudding Milk
7 BBQ Pulled Pork w/Sautéed. Onions Baked Beans Cauliflower & Broccoli/ w/Cheese Bun Fruit Cocktail Milk	8 Vegetable Soup/crackers Turkey open faced on Bread w/Gravy Sweet Potato Harvard Beets Pudding Milk	9 Roast Beef w/Gravy Mashed Potatoes Peas & Carrots Whole Wheat Bread Ice Cream Milk	10 Cream of Spinach Soup Chicken Parmesan Rigatoni w/ Sauce Green Beans Salad w/Tomato & Dressing Wheat Bread Parmesan Cheese Apple Sauce Milk	11 Tuna Salad on Lettuce Leaf w/Sliced Tomato Macaroni Salad 3 Bean Salad Rye Bread Banana Milk
14 Chicken Cacciatore Brown Rice Vegetable Medley Roll Sherbet Milk	15 Navy Bean Soup Philly Steak Sandwich w/cheese on Roll Fried Onions Steamed Potatoes Tapioca Pudding Milk	16 Salisbury Steak/ w Gravy Boiled Potatoes Broccoli w/ Cheese Sauce Rye Bread Apple Milk	17 <i>Happy Saint Patrick's Day!</i> Potato Leek Soup Corned Beef on Rye Cole Slaw Three Bean Salad Thousand Island Dressing Lime Fruited Jell-O Milk	18 Crab Cake w/ Tartar Sauce Macaroni and Cheese Stewed Tomato Hamburger Bun Banana Milk
21 Spaghetti w/Meatballs & Sauce Italian Green Beans Dinner Roll Strawberry Ice Cream Milk	22 Chicken Breast w/ Cream Sauce Over ½ c Spinach Buttered Noodles Rye Bread Pears Milk	23 Ham w/ Pineapple Sauce Sweet Potatoes Broccoli Spears Dinner Roll Cake with Coconut Icing Milk	24 BBQ Chicken Scalloped Potatoes Green Peas and Carrots Roll Mandarin Oranges Milk	25 <i>Good Friday!</i> ALL NUTRITION SITES ARE CLOSED!
28 Roasted Chicken Breast w/Gravy Mashed Potatoes Corn, Peas, Carrot Mix Rye Bread Pineapple Chunks Milk	29 Cheeseburger w/ Lettuce and Tomato Hamburger Bun Potato Salad Three Bean Salad Pudding Milk	30 Pork Chop with w/Peppers & Onions Baked Beans Broccoli w/Cheese Sauce Roll Birthday Cake Milk	31 Minestrone Soup/Crackers Salisbury Steak w/Gravy Buttered Noodles Sliced Carrots Wheat Bread Sherbert Milk	



KNOW YOUR SITES

- #1. Mantua.....10 to 2PM.....468-4773
(Joan Villanova)
- #2. Glassboro.....9 to 1PM.....881-6610
(Lou Weiss)
- #3. Thorofare.....9 to 1PM.....853-6496
(Norlynn Garlic)
- #4. Williamstown.....9 to 1PM.....728-1140
(Peggy Principato)
- #5. Franklinville.....9 to 1PM.....694-1413
(Brenda Eidam)
- #6. Paulsboro.....9 to 1PM.....423-3387



Nutrition Office
686-8327

Serv-a-Tray
686-8325

Partially funded under the cooperation of the Gloucester County Board of Chosen Freeholders, and the Title III of the Older Americans Act as amended in 1978.

Robert M. Damming
Freeholder Director

Jim Jefferson
Freeholder Liaison
Department of Health, Senior & Disability Services

Leona G. Mather
Director
Division of Senior Services

The County of Gloucester complies with all state and federal rules and regulations and does not discriminate on the basis of race, religion, color, national or ethnic origin, sexual orientation, age, marital status or disability in admission to, access to, or operations of its programs, services, or activities. In addition, Gloucester County encourages the participation of people with disabilities in its programs and activities and offers special services to all County residents 60 years of age and older. Inquiries regarding compliance may be directed to the Division of Disability Services at (856) 384-6842/New Jersey Relay Service 711 or the EEO office at (856)384-6903.