

# GLOUCESTER COUNTY SENIOR NUTRITION PROGRAM – NOVEMBER 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 BBQ Pork Riblet w/Sauteed Onions Baked Beans Cauliflower/Broccoli w/Cheese sauce Hamburger Roll w/Margarine Applesauce 2%Milk
4 Philly Steak Sandwich w/Cheese Fried Onions & Roll Oven Roasted Potatoes Succotash Ketchup Tapioca Pudding 2%Milk	5  <b>ELECTION DAY</b>  <b>VOTE !!!!!</b>	6 Chicken Orzo Soup/Crackers Ham Slice w/Pineapple Sauce Mashed Sweet Potatoes Cabbage Wheat Bread w/Margarine Fruit Jello 2%Milk	7 Navy Bean Soup/Crackers Chicken Cacciatore w/Tomato Sauce Penne Pasta Vegetable Medley White Dinner Roll/Margarine Pears 2%Milk	8  Beef Salisbury Steak w/Gravy Slice Paprika Potatoes Broccoli Sliced Bread w/Margarine Fresh Apple 2%Milk
11  <b>VETERANS DAY</b>  <b>THANK YOU FOR YOUR SERVICE !!!!</b>	12 Pea Soup w/Crackers Crab Cake w/Tartar Sauce Macaroni & Cheese Stewed Tomatoes Hamburger Bun Ketchup/Tartar Sauce 1 Banana 2%Milk	13 Beef Meatballs w/Tomato Sauce Spaghetti Italian Green Beans Green Salad w/Tomato Italian Dressing White Dinner Roll w/Margarine Strawberry Ice Cream 2%Milk	14  Vegetable Soup w/Crackers Egg Salad on lettuce leaf Pasta Salad Beet Salad Dinner Roll w/Margarine Pears 2%Milk	15  Pork Loin w/Gravy Garlic Mashed Potatoes Brussels Sprouts Slice Wheat Bread w/Margarine Butterscotch Pudding 2%Milk
18  Beef Swedish Meatballs w/Gravy Buttered Noodles Sliced Carrots Sliced Wheat Bread w/Margarine Lemon or Orange Sherbert 2%Milk	19 Minestrone Soup/Crackers Baked Ziti w/Tomato Sauce Italian Pork Sausage Green Beans Italian Roll w/Margarine Peach Halves 2%Milk	20  Roasted Chicken Breast w/Gravy Corn Bread Stuffing Mixed Vegetables 1 Slice Wheat Bread w/Margarine Birthday Cake 2%Milk	21 Chicken Noodle Soup/Crackers Ham Salad on lettuce leaf w/Tomato Macaroni Salad 3 Bean Salad 2 Slices Whole Wheat Bread Chocolate or Rice Pudding 2%Milk	22 Hamburger w/cheese Hamburger Roll Baked Beans Steamed Potatoes Ketchup/Mustard Fruit Cocktail 2%Milk
25 Smoked Pork Sausage Sauerkraut Roasted Potatoes California Blend Vegetables White Roll w/Margarine Mustard/Ketchup Fruit Jello 2%Milk	26 Vegetable Barley Soup/Crackers Beef Burgundy w/Sauce Elbow Macaroni Green Peas 1 Slice Wheat Bread w/Margarine Chocolate Ice Cream 2%Milk	27 <b>Thanksgiving Celebration</b> Roasted Turkey w/Gravy Mashed Potatoes Stuffing / Whole Green Beans Dinner Roll w/Margarine Cranberry Sauce 1 Slice Pumpkin Pie w/Topping 2% Milk	28  <b>HAPPY THANKSGIVING</b>	29  <b>HAPPY SHOPPING</b>

Fruit Juice is 100% Fruit Juice.

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Revised 8/2016

Gloucester County Department of Health & Human Services

Division of Senior Services Nutrition Program

Lunch Sites

Site #1	Mantua Community Center 111 East Mercer Ave Mantua, NJ 08051	Site Manager Telephone Serving Time	Joan Villanova 468-4773 12:30 PM
Site #2	Glassboro Senior Center 152 South Delsea Drive Glassboro, NJ 08028	Site Manager Telephone Serving Time	Mike Strykster 881-6610 11:30AM
Site #3	Thorofare Fire Hall 1 Firehouse Rd. Thorofare, NJ 08086	Site Manager Telephone Serving Time	Tina Clay 853-6496 11:30AM
Site #4	Pfeiffer Community Center 301 Blue Bell Street Williamstown, NJ 08094	Site Manager Telephone Serving Time	Rick Andress 728-1140 11:30AM
Site #5	First Baptist Church Jericho 981 Mail Ave Deptford, NJ 08096	Site Manager Telephone Serving Time	Norlyn Garlic 468-1648 11:30AM
Site #6	Second Baptist Church 1534 Pine Street Paulsboro, NJ 08066	Site Manager Telephone Serving Time	Rich Gambale 423-3387 11:30AM

**NUTRITION OFFICE**  
686-8327

**SERV-A-TRAY OFFICE**  
686-8325

Partially funded under the cooperation of the Gloucester County Board of Chosen Freeholders, and the Title III of the Older Americans Act as amended in 2016.

Robert M. Damminger  
Freeholder Director

Jim Jefferson  
Freeholder Liaison  
Department of Health, Senior & Disability Services

Leona G. Mather  
Director  
Division of Senior Services

The County of Gloucester complies with all state and federal rules and regulations against discrimination in admission to, access to, or operation of its programs, services, and activities. In addition, County encourages participation of people with disabilities in its programs and activities and offers special services to all residents 60 years of age and older. Inquiries regarding compliance may be directed to the County's ADA Coordinator at (856) 384-6842, New Jersey Relay Service 711.