

## GLOUCESTER COUNTY SENIOR NUTRITION PROGRAM – October 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Minestrone Soup/Crackers BBQ Chicken Leg X2 Red Skinned Potatoes Green Peas and Carrots Sandwich Roll /Margarine Mandarin Oranges 2%Milk	2 Spaghetti w/Pork Sausage Tomato Sauce/Parm Cheese Tossed Salad/Tomato Italian Dressing Capri Blend Vegetables Dinner Roll/Margarine Cake 2%Milk	3 Beef Barley Soup/Crackers Tuna Salad/Lettuce leaf/Sliced tomato Macaroni Salad/3 Bean Salad Wheat Bread/Margarine Canned Pears 2%Milk	4 Hot Roast Beef/Gravy Garlic Mashed Potatoes Brussels Sprouts Sandwich Roll/Margarine Peaches/Cottage Cheese 2%Milk
7 Beef & Cheese Lasagna Tomato Sauce Italian Green Beans Italian Roll/margarine Peaches 2%Milk	8 Chicken Vegetable Soup/Crackers Beef Meatloaf w/gravy Mashed Potatoes Carrots Dinner Roll/Margarine Mandarin Oranges 2%Milk	9 Roast Pork w/gravy Paprika Potatoes Harvard Beets Whole Wheat Bread/Margarine Rice Pudding 2%Milk	10 Cream of Broccoli Soup/Crackers Chicken Caesar Salad Romaine Mix/Chicken Pasta Salad Italian Dressing/Croutons/Parm Cheese Dinner Roll/Margarine Vanilla Ice Cream/ 2%Milk	11 Beef Cheeseburger Hamburger Roll Buttered Corn Spinach Lettuce & Tomato Apple Cobbler 2%Milk
14 <b>COLUMBUS DAY</b>	15 Vegetable Soup/Crackers Beef Swedish Meatballs/Gravy Buttered Noodles Broccoli Wheat Bread//Margarine Fresh Banana 2%Milk	16 Riblet BBQ Sauce Sautéed Onions Buttered Corn/Green Beans Sandwich Roll/Margarine Mandarin Oranges 2%Milk	17 Lentil Soup/Crackers Chicken Salad Hoagie Lettuce & Tomato Carrot Raisin Salad Fruited Jello 2%Milk	18 Roasted Turkey w/Gravy Bread Stuffing Glazed Carrots Wheat Bread/Margarine Tropical Fruit Salad 2%Milk
21 Beef Hot Dog Sauerkraut Baked Beans Cauliflower w/white Sauce Hot Dog Roll Ketchup/Mustard Packet Canned Peaches 2%Milk	22 Sweet & Sour Chicken w/peppers And Onions Brown Rice Japanese Vegetables Roll w/Margarine Vanilla Pudding 2%Milk	23 Escarole Soup Roast Beef w/Gravy Mashed Potatoes Peas & Carrots Wheat Bread w/Margarine Banana 2%Milk	24 Chef's Salad/Tomato/Ham/Egg & Cheese Pasta Salad Wheat Bread w/Margarine French Dressing Pineapple 2%Milk	25 Beef Meatballs Baked Cheese Ziti Marinara Sauce Sautéed Spinach Parmesan Cheese Hoagie Roll w/Margarine Pears 2%Milk
28 Beef Meatloaf w/gravy Mashed Potatoes Harvard Beets Wheat Bread w/Margarine Fruit Cocktail 2%Milk	29 Chicken Florentine w/Sauce Rice Carrots Tossed Salad/Tomato Creamy Italian Dressing Wheat Bread w/Margarine Orange Sherbet 2%Milk	30 Pea Soup w/Crackers Crab Cake/Tartar/Cocktail Sauce Macaroni & Cheese Stewed Tomatoes & Zucchini Hamburger Roll w/Margarine Birthday Cake 2%Milk	31 Turkey Hoagie Meat/Cheese/Hoagie Roll Lettuce & Tomato Potato Salad Packet of Mayonnaise Applesauce 2%Milk	

Juice is 100% Fruit Juice.

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Revised 8/2016

*Gloucester County Department of Health & Human Services*

*Division of Senior Services Nutrition Program*

*Lunch Sites*

Site #1	Mantua Community Center 111 East Mercer Ave Mantua, NJ 08051	Site Manager Telephone Serving Time	Joan Villanova 468-4773 12:30 PM
Site #2	Glassboro Senior Center 152 South Delsea Drive Glassboro, NJ 08028	Site Manager Telephone Serving Time	Mike Sylvester 881-6610 11:30AM
Site #3	Thorofare Fire Hall 1 Firehouse Rd. Thorofare, NJ 08086	Site Manager Telephone Serving Time	Tina Clay 853-6496 11:30AM
Site #4	Pfeiffer Community Center 301 Blue Bell Street Williamstown, NJ 08094	Site Manager Telephone Serving Time	Rick Andress 728-1140 11:30AM
Site #5	First Baptist Church Jericho 981 Mail Ave Deptford, NJ 08096	Site Manager Telephone Serving Time	Norlyn Garlic 468-1648 11:30AM
Site #6	Second Baptist Church 1534 Pine Street Paulsboro, NJ 08066	Site Manager Telephone Serving Time	Rich Gambale 423-3387 11:30AM

**NUTRITION OFFICE**  
686-8327

**SERV-A-TRAY OFFICE**  
686-8325

Partially funded under the cooperation of the Gloucester County Board of Chosen Freeholders, and the Title III of the Older Americans Act as amended in 2016.

Robert M. Damming  
Freeholder Director

Jim Jefferson  
Freeholder Liaison  
Department of Health, Senior & Disability Services

Leona G. Mather  
Director  
Division of Senior Services

The County of Gloucester complies with all state and federal rules and regulations against discrimination in admission to, access to, or operations of its programs, services, and activities. In addition, County encourages participation of people with disabilities in its programs and activities and offers special services to all residents 60 years of age and older. Inquiries regarding compliance may be directed to the County's ADA Coordinator at (856) 384-6842/ New Jersey Relay Service 711.