

# HAPPY LABOR DAY

## GLOUCESTER COUNTY SENIOR NUTRITION PROGRAM

September 2017



Monday	Tuesday	Wednesday	Thursday	Friday
				1 Rib let, w/ BBQ Sauce Sautéed Onions German Potato Salad Mixed Vegetables Hamburger Roll Apple Pie Milk
4  Happy Labor Day! ALL NUTRITION SITES ARE CLOSED!	5 Chef's Salad w/ Tomato, Ham, Egg and Cheese Pasta Salad Wheat Bread French Dressing Pineapple Tidbits Milk	6 Roast Beef w/Gravy Mashed Potatoes Peas and Carrots Wheat Bread Fresh Orange Milk	7 Sweet & Sour Chicken w/ peppers & onions Brown Rice Japanese Vegetables Roll Fruit Cocktail Milk	8 Meatballs w/Baked Ziti & Sauce Sautéed Spinach Parmesan Cheese Roll Pears Milk
11 Meatloaf w/Gravy Mashed Potatoes Harvard Beets Wheat Bread Fruit Cocktail Milk	12 Turkey Hoagie w/Lettuce & Tomato On a Hoagie Roll Potato Salad Macaroni Salad Apple Milk	13 Crab Cake Macaroni and Cheese Stewed Tomatoes and Zucchini Tartar Sauce Hamburger Roll Peaches Milk	14 Cheese Steak Sandwich Fried Onions Hoagie Roll Home Fried Potatoes Succotash Pudding Milk	15 Chicken Florentine w/ Sauce Rice Carrots Tossed Salad/Tomato Dressing Rye Bread Sugar Cookie Milk
18 Roast Pork w/Gravy Sweet Potato & Apples Buttered Peas Wheat Bread Applesauce Milk	19 Oatmeal w/ Raisins Scrambled Eggs Breakfast sausage Muffin Mandarin Oranges Milk	20  Senior Services Annual Senior Picnic!  ALL NUTRITION SITES ARE CLOSED!	21 Salisbury Steak w/Gravy Scalloped Potatoes Broccoli Rye Bread Pineapple Tidbits Milk	22 Chicken Parmesan Pasta w/ Sauce Garlic Green Beans Roll Parmesan Cheese Pudding Milk
25 Roast Beef w/Gravy Garlic Mashed Potatoes Brussels Sprouts Sandwich Roll Peaches Milk	26 Beef Barley Soup Tuna Salad on Lettuce Leaf w/ Sliced Tomato Macaroni Salad 3 Bean Salad Wheat Bread Pears Milk	27 Spaghetti w/ Meatballs & Sauce Parmesan Cheese Tossed Salad w/Tomato & Dressing Capri Blend Vegetables Dinner Roll Birthday Cake Milk	28 BBQ Chicken Breast Red Skinned Potatoes Green Peas and Carrots Roll Apricots Milk	29 Potato Encrusted Fish Macaroni & Cheese Stewed Tomatoes Wheat Bread Tartar Sauce Mandarin Oranges Milk

MEALS ARE SUBJECT TO CHANGE WITHOUT NOTICE!

Gloucester County Department of Health & Human Services

Division of Senior Services Nutrition Program

Nutrition Lunch Sites

Site #1	Manhua Community Center 111 East Mercer Ave Mantua, NJ 08051	Site Manager Telephone Serving Time	Joan Villanova 468-4773 12:45 PM
Site #2	Glassboro Senior Center 152 South Delsea Drive Glassboro, NJ 08028	Site Manager Telephone Serving Time	Lou Weiss 881-6610 11:30AM
Site #3	Thorofare Fire Hall 1 Firehouse Rd Thorofare, NJ 08086	Site Manager Telephone Serving Time	Nortlyn Garlic 853-6496 11:30AM
Site #4	Pfeiffer Community Center 301 Blue Bell Street Williamstown, NJ 08094	Site Manager Telephone Serving Time	Peggy Principato 728-1140 11:30AM
Site #5	Franklin Community Center 1584 Coles Mill Road Franklinville, NJ 08322	Site Manager Telephone Serving Time	Brenda Eidam 694-1413 11:00AM
Site #6	Second Baptist Church 1534Pine Street Paulsboro, NJ 08066	Site Manager Telephone Serving Time	Vacant 423-3387 11:30AM

Partially funded under the cooperation of the Gloucester County Board of Chosen Freeholders, and the Title III of the Older Americans Act as amended in 2016.

Robert M. Damming  
Freeholder Director

Jim Jefferson  
Freeholder Liaison  
Division of Senior Services

Leona G. Mather  
Director  
Division of Senior Services

The County of Gloucester complies with all state and federal rules and regulations and does not discriminate on the basis of race, religion, color, national or ethnic origin, sexual orientation, age, marital status or disability in admission to, access to, or operations of its programs, services, or activities. In addition, Gloucester County encourages the participation of people with disabilities in its programs and activities and offers special services to all County residents 60 years of age and older. Inquiries regarding compliance may be directed to the EEO officer at (856)384-6903 or through the County's ADA Coordinator at (856) 384-6842/New Jersey Relay Service 711