

GLOUCESTER COUNTY SENIOR NUTRITION PROGRAM - September 2020

Monday	Tuesday	Wednesday	Thursday	Friday
	1. Vegetable Soup/Crackers Beef Swedish Meatballs Gravy Buttered Noodles Broccoli Bread Dessert 2% Milk	2. Beef Hot dog Sauerkraut Baked Beans Cauliflower w/White Sauce Hot Dog Roll Dessert 2% Milk	3. Lentil Soup w/Crackers Chicken Salad Hoagie Carrot Raisin Salad Dessert 2% Milk	4. Labor Day Celebration!! Riblet w/BBQ Sauce Sautéed Onions Oven Fried Potatoes Mixed Vegetables Hamburger Roll Dessert 2% Milk
7. HAPPY LABOR DAY	8. Sweet & sour Chicken w/peppers and onions Brown Rice Japanese Vegetables Roll Dessert 2% Milk	9. Escarole Soup Roast w/Gravy Mashed Potatoes Bread Dessert 2% Milk	10. Chef's Salad Pasta Salad Bread Dessert 2% Milk	11. Beef Meatballs Baked Cheese Ziti Sautéed Spinach Roll Dessert 2% Milk
14. Beef Meatloaf w/ Gravy Mashed Potatoes Harvard Beets Bread Dessert 2% Milk	15. Chicken Cheese Steak Sandwich Fried Onions Fried Potatoes Succotash Dessert 2% Milk	16. Pea Soup w/Crackers Crab Cake Macaroni and Cheese Stewed Tomatoes and Zucchini Hamburger Roll Dessert 2% Milk	17. Turkey Hoagie Potato Salad Dessert 2% Milk	18. Chicken Florentine w/Sauce Rice Carrots Tossed Salad Dessert 2% Milk
21. Beef Sloppy Joe Noodles Spinach Bread Dessert 2% Milk	22. Roast Pork w/Gravy Sweet Potatoes and Apples Buttered Peas Bread Dessert 2% Milk	23. Beef Salisbury Steak w/Gravy Scalloped Potatoes Broccoli Bread Dessert 2% Milk	24. Baked Potato Soup w/Crackers Pickled Beets Bread Dessert 2% Milk	25. Chicken Parmesan Pasta w/Tomato Sauce Garlic Green Beans Roll Dessert 2% Milk
28. Potato Encrusted Fish Macaroni & Cheese Stewed Tomatoes Bread Dessert 2% Milk	29. Minestrone Soup w/Crackers 2 - BBQ Chicken Leg Red Skinned Potatoes Green Peas & Carrots Roll Dessert 2% Milk	30. Spaghetti with Pork Sausage Tossed Salad Capri Blend Vegetables Dessert 2% Milk		

MENU IS SUBJECT TO CHANGE