



Senior Happenings

FALL NEWSLETTER 2016

Gloucester County Division of Senior Services, 115 Budd Boulevard, West Deptford, NJ 08096



Pictured: Freeholder Liaison Jim Jefferson and Sheriff Carmel Morina



Pictured: Freeholder Daniel Christy and Freeholder Frank DiMarco

Department of Health and Human Services

Division of Senior Services

115 Budd Boulevard

West Deptford, NJ 08096

(856) 384-6900

1-877-222-3737

2016 Senior Citizen Picnic

The Gloucester County Board of Chosen Freeholders sponsored their annual Senior Citizen Picnic on September 7th at Red Bank Battlefield in National Park. Approximately 1,000 seniors gathered for an afternoon of food, dance, and entertainment. This year's theme was "Hoe Down" We would like to thank all those who helped make our picnic such a success! Entertainment was provided by "Joy Ride". A special thanks to the Gloucester County Board of Chosen Freeholders for their support & Auletto Caterers for the excellent job they do each year. We would also like to thank Seven Star Diner, Franklinville Inn, and Filomena's for donating gift certificates which were used as dance contest prizes.

Grandparents as Caregivers

As a senior, raising grandchildren can be an enormous challenge and having a support system can help. One way to make parenting a second time around easier is to connect with other grandparents in the same situation. If you are a grandparent who has a grandchild living with you, we want to hear from you and support your efforts. For more information, please call the Division of Senior Services at (856) 686-8338.

Emergency Preparedness

The state of New Jersey has developed a free statewide registry called "Register Ready" designed to assist emergency responders in locating residents who may need assistance in evacuating during an emergency. Residents who are frail, have a physical or cognitive disability, communication barrier, or lack of transportation should register. You can register by calling the Division of Senior Services at (856) 384-6900, by visiting www.gloucestercountynj.gov and clicking onto the link for Disability Services, or by calling Toll Free 211 (TTY/TTD translation services available).

With storm season and cold weather approaching, it's best to be prepared. Gloucester County uses a free warning system to alert you during a major crisis or emergency via text or email. Important information, updates, and instructions are delivered to your cell phone or email account. Visit www.gloucesteralert.com to sign up.

Preventing Elder Abuse

Vulnerable adults living in the community who are being subjected to abuse, neglect or exploitation and cannot fully protect or care for themselves, can be serviced through a program called Adult Protective Services. Services could include home care, meals on wheels, health care, legal intervention and case management to enable these vulnerable adults to live in a safe environment within the community.

Call (856) 256-2101 between 8AM and 4PM.



What is Adult Protective Services?

Adult Protective Services (APS) programs have been established in each county in New Jersey to receive and investigate reports of suspected abuse, neglect and exploitation of vulnerable adults living in a community setting.

The Purpose of APS:

Stabilize a crisis situation using the least intrusive methods while respecting an individual's right to self-determination.

CONFIDENTIALITY

All records and communications pertaining to any report, evaluation or service provided pursuant to the Adult Protective Services Act (P.L. 1993, Ch. 249, C52:27D) are confidential.

APS is only permitted to share the results of an APS assessment when directed to do so by a court of competent jurisdiction or when disclosure of information is necessary for the Division or the APS provider to perform its responsibilities as set forth by statute.

Making a Referral to APS:

The referral should be made by the person with first-hand information about the client.

The referral should be made directly to the county in which the client resides.

The referral should consist of as much information as possible including:

- ✓ Client's name, address, phone number
- ✓ DOB and Social Security number
- ✓ Diagnoses – health and/or mental health issues
- ✓ Family members/support systems (services/agencies involved)
- ✓ A specific allegation of abuse, neglect or exploitation

APS CASES

APS may become involved in situations that meet all of these conditions:

A vulnerable adult is:

- ✓ Age 18 years or older, AND
- ✓ Residing in the community, AND
- ✓ Due to physical or mental illness, disability or deficiency, lacks sufficient understanding or capacity to make, communicate, or carry out decisions concerning his or her well-being, AND
- ✓ Is the subject of abuse, neglect or exploitation.

Low Cost Spay/Neuter Program

You may be eligible to have your pet spayed or neutered at a discounted price

Many people want to have their pets spayed or neutered, but when they find out how much it costs, they think it won't be possible. But it absolutely is possible - there are many veterinarians and organizations who are ready and able to help. Spay or neuter your dog or cat for \$10.00 if you receive any of the following: Food Stamps, Medicaid, General Public Assistance, Rental Assistance, Lifeline Utility Credit, Tenants Lifeline Assistance, SSI, or PAAD.

Every year more than 37,000 cats and dogs are euthanized in New Jersey shelters alone, because not enough homes can be found for them. Spaying and neutering reduces the number of animals born, helping to prevent pet overpopulation, and decreases the number of animals that end up in shelters.

**Source: New Jersey Department of Health*



Call the Gloucester County Animal Shelter for more information at (856) 881-2828.



Volunteer Luncheon – October 19, 2016

The Volunteer Luncheon will be held at 1:00 PM at Auletto Caterers in Deptford. This affair is held to recognize those special individuals who graciously volunteer their time and support to essential programs provided for seniors in Gloucester County. An Outstanding Senior Volunteer will also be recognized at this event. A lunch buffet will be provided. This affair is by invitation only.

Free Eye Screenings

The Gloucester County Division of Disability Services and the New Jersey Commission for the Blind are offering free eye screenings that are open to the public (ages 4 & up), held once a month, and there is no income requirement. The screenings are held at one of two locations: 1) Shady Lane Offices, 254 County House Road in Clarksboro from 9am to 11:30am or at the 2) Health Department, 204 East Holly Avenue in Sewell from 5pm to 7:30pm. Glaucoma tests are also offered. To schedule an appointment or for more information, please call (856) 384-6842.



Caregiver Appreciation Luncheon– October 26, 2016



The Annual Caregiver Appreciation Luncheon will be held at 11:00 AM at Auletto Caterers at 1849 Cooper Street in Deptford. This luncheon is held in recognition of those who spend their time taking care of others. If you or someone you know is a caregiver and would like to attend this luncheon we hope that you will join us. A lunch buffet will be provided. Please call the Division of Senior Services at (856) 384-6990. Advance registration by October 24th is required for this affair.

Seasonal Flu Clinics

The CDC recommends that seniors get their seasonal flu shot annually. Every fall, influenza vaccinations are available at no cost to Gloucester County residents at scheduled locations throughout the county. The flu clinic schedule will be published in the County newsletter, announced in the local newspaper, and is available on the Gloucester County website at www.gloucestercountynj.gov. Copies of the schedule are also available at the Division of Senior Services and at all Nutrition Sites. Information is also available by calling the Gloucester County Health Department at: (856) 218-4102. Eligibility restrictions and supply availability may apply.





www.gloucestercountynj.gov

**Gloucester County
Board of Chosen Freeholders**

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The County of Gloucester complies with all state and federal rules and regulations and does not discriminate on the basis of age, race, creed, color, national origin, ancestry, marital status, affectional or sexual orientation, gender identity or expression, disability, nationality or sex in admission to, access to, or operations of its programs, services, activities or in its employment practices. In addition, Gloucester County encourages the participation of people with disabilities in its programs and activities and offers special services to all County residents 60 years of age and older. Inquiries regarding compliance may be directed to the EEO office at (856)384-6903 or through the County's ADA Coordinator at (856) 384-6842/New Jersey Relay Service 711

Open Enrollment for Medicare

For more information, please call the Senior Health Insurance Program at (856) 468-1742. SHIP is located at 115 Budd Boulevard alongside the Division of Senior Services.

An important message from Medicare

Medicare Open Enrollment October 15 - December 7

Tell your friends.

With the health care law, Medicare offers:

- FREE* annual wellness visit
- Some FREE* cancer screenings
- 50% discount on covered brand name prescription drugs when you're in the "donut hole"
- Better fraud protection

*When using qualified and participating physicians or providers.



It's time to compare plans, and make sure you have the right health and prescription drug coverage for you. Stay with your current plan if you're happy with it. Or look for a new one with better coverage, higher quality, and lower cost.

Visit www.medicare.gov or call 1-800-MEDICARE (TTY 1-877-486-2048) to review and compare plans, answer your questions, and learn where to get further help near you.



SHIP OF GLOUCESTER COUNTY
Telephone: 856-468-1742

Publication No. 11372

Check your mail for our Medicare handbook.



Free Classes at Gloucester County Library Branches

The Gloucester County Library System offers various programs free of charge including craft and popular computer classes like Basic Computer Skills and Introduction to Facebook. For more information, please call (856) 223-6060.

Free and Discounted Classes Available at Rowan College

The Academy of Lifelong Learning at Rowan College offers free and discounted continuing education classes for an annual fee of \$90. Class offerings include art, computers, stress management, dance, yoga, healthy eating, weight loss, and much more. Call (856) 415-2216 for more information.

Dates to Remember

October 19 – Volunteer Luncheon (by invitation)

October 26 – Caregiver Appreciation Luncheon (registration required)

**December 6, December 7, December 13,
& December 14** – Senior Citizen Christmas Parties

The Division of Senior Services is opened Monday through Friday from 8:30 AM to 4:00 PM. Services are available to all residents of Gloucester County who are 60 years of age and older, regardless of race, color, or national origin in compliance with Title III of the Older Americans' Act.