

# GLOUCESTER COUNTY SENIOR NUTRITION PROGRAM – SEPTEMBER 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 <b>HAPPY LABOR DAY</b>	3 Vegetable Soup/Crackers Beef Swedish Meatball/Gravy Buttered Noodles Broccoli Wheat Bread/Margarine Banana 2%Milk	4 Sliced Ham w/Pineapple Sauce Mashed Sweet Potatoes Cabbage Wheat Bread /Margarine Chocolate Ice Cream 2%Milk	5 Lentil Soup/Crackers Chicken Salad Hoagie Lettuce & Tomato Carrot Raisin Salad Watermelon 2%Milk	6 Roasted Turkey w/Gravy Bread Stuffing Glazed Carrots Wheat Bread/Margarine Tropical Fruit Salad 2%Milk
9 Beef Hot Dog Sauerkraut & Baked Beans Cauliflower w/White Sauce Hot Dog Roll Ketchup/Mustard Packet Fresh Peach 2%Milk	10 Sweet & Sour Chicken w/peppers And Onions Brown Rice Japanese Vegetables Roll w/Margarine Vanilla Pudding 2%Milk	11 Escarole Soup w/Crackers Roast Beef w/Gravy Mashed Potatoes Peas & Carrots Wheat Bread /Margarine Banana 2%Milk	12 Chef's Salad/Tomato,Ham,Egg, And Cheese Pasta Salad Wheat Bread w/Margarine French Dressing Pineapple 2%Milk	13 Beef Meatballs Baked Cheese Ziti Marinara Sauce Sautéed Spinach/Parmesan Cheese Hoagie Roll/Margarine Pears 2%Milk
16 Beef Meatloaf w/Gravy Mashed Potatoes Harvard Beets Wheat Bread w/Margarine Fruit Cocktail 2%Milk	17 <b>SENIOR PICNIC</b>	18 Pea Soup/Crackers Crab Cake/Tartar/Cocktail Sauce Macaroni & Cheese Stewed Tomatoes & Zucchini Hamburger Roll/Margarine Peaches 2%Milk	19 Turkey Hoagie Lettuce & Tomato Potato Salad Packet of Mayonnaise Applesauce 2%Milk	20 Beef Cheese Steak Sandwich Fried onions /Hoagie Roll Home Fried Potatoes Succotash Lettuce & Tomato Slice Banana 2%Milk
23 Beef & Macaroni w/Tomato Sauce Spinach Italian Bread w/Margarine Parmesan Cheese Mandarin Oranges 2%Milk	24 Roast Pork w/Gravy Sweet Potatoes & Apples Buttered Peas Wheat Bread/ Margarine Fruit Jello 2%Milk	25 Beef Salisbury Steak/Gravy Scalloped Potatoes Broccoli Wheat Bread/Margarine Birthday Cake 2%Milk	26 Baked Potato Soup/Crackers Turkey Salad Lettuce leaf w/slice tomatoes Pickled Beets Wheat Bread /Margarine Banana 2%Milk	27 Chicken Parmesan Pasta w/Tomato Sauce Garlic Green Beans Roll w/Margarine Parmesan Cheese Chocolate Pudding 2%Milk
30 Potato Encrusted Fish Macaroni & Cheese Stewed Tomatoes Wheat Bread w/Margarine Ketchup/Tartar Sauce Tropical Fruit Salad 2%Milk				

All Fruit Juice is 100% Fruit Juice.

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Revised 8/2016

*Gloucester County Department of Health & Human Services*

*Division of Senior Services Nutrition Program*

*Lunch Sites*

Site #1	Mantua Community Center 111 East Mercer Ave Mantua, NJ 08051	Site Manager Telephone Serving Time	Joan Villanova 468-4773 12:30 PM
Site #2	Glassboro Senior Center 152 South Delsea Drive Glassboro, NJ 08028	Site Manager Telephone Serving Time	Mike Sylvester 881-6610 11:30AM
Site #3	Thorofare Fire Hall 1 Firehouse Rd. Thorofare, NJ 08086	Site Manager Telephone Serving Time	Tina Clay 853-6496 11:30AM
Site #4	Pfeiffer Community Center 301 Blue Bell Street Williamstown, NJ 08094	Site Manager Telephone Serving Time	Rick Andress 728-1140 11:30AM
Site #5	First Baptist Church Jericho 981 Mail Ave Deptford, NJ 08096	Site Manager Telephone Serving Time	Norlyn Garlic 468-1648 11:30AM
Site #6	Second Baptist Church 1534 Pine Street Paulsboro, NJ 08066	Site Manager Telephone Serving Time	Rich Gambale 423-3387 11:30AM

**NUTRITION OFFICE**  
686-8327

**SERV-A-TRAY OFFICE**  
686-8325

Partially funded under the cooperation of the Gloucester County Board of Chosen Freeholders, and the Title III of the Older Americans Act as amended in 2016.

Robert M. Damminger  
Freeholder Director

Jim Jefferson  
Freeholder Liaison  
Department of Health, Senior & Disability Services

Leona G. Mather  
Director  
Division of Senior Services

The County of Gloucester complies with all state and federal rules and regulations against discrimination in admission to, access to, or operations of its programs, services, and activities. In addition, County encourages participation of people with disabilities in its programs and activities and offers special services to all residents 60 years of age and older. Inquiries regarding compliance may be directed to the County's ADA Coordinator at (856) 384-6842, New Jersey Relay Service 711.