



Senior Happenings

Gloucester County Division of Senior Services, 115 Budd Boulevard, West Deptford, NJ 08096



Select Gloucester County Nutrition Sites Are Offering “Grab and Go” Meals



Department of Health and Human Services

Division of Senior Services

Aging & Disability Resource Center

**115 Budd Boulevard
West Deptford, NJ 08096**

(856) 384-6900

1-877-222-3737



**Freeholder Director
Robert M. Damminger**

**Freeholder Liaison
Jim Jefferson**

To protect seniors and reduce risk of infection, congregate meal sites across the state have closed. Gloucester County switched to “grab and go” meals only in addition to home delivered meals.

Food access and availability are among the major concerns of older Gloucester County residents amidst the Covid-19 pandemic. “The Division of Senior Services staff and volunteers are on the front lines in responding to the increased demand for meals and ensuring food security for vulnerable older adults in our county,” said Freeholder Director Robert M. Damminger.

Beginning May 26, 2020, the Pfeiffer Center in Monroe Township located at 301 Blue Bell Rd. in Williamstown will be the third county site to allow the Nutrition Staff of Senior Services to prepare “grab and go” meals that residents may pick up between 10:30 and 11 am daily. The other two sites providing daily “grab and go” meals are Mantua Community Center and Thorofare Fire Hall.

“This option is essential to serve our elderly residents who aren’t necessarily homebound but still need food assistance,” said Freeholder Jim Jefferson, liaison to the Division of Senior Services.

Meals must be ordered in advance by calling 856-686-8327 by 12 noon the day before. Meals can be picked up curbside or at the door from 10:30 a.m. -11 a.m. daily. For more information on The Division of Senior Services, please visit www.gloucestercountynj.gov

Division of Senior Services Initiates a Volunteer Shopping Program for Senior Citizens



The Division of Senior Services has launched the Senior Shoppers Program to help seniors over 60 years old receive their grocery store needs. “It has been a struggle for many of our older, vulnerable seniors to get to the grocery store during the COVID-19 pandemic,” said Freeholder Director Robert M. Damminger. “This program will allow residents to help our seniors and give them the opportunity to take the extra precautions to stay safe and home.”

The Program is a collaborative project of the County’s Department of Health and Human Services, Division of Senior Services, the NJ Division of Aging Services and a non-profit, JerseyCares. “This project is an amazing way to give back to our vulnerable population,” said Freeholder Jim Jefferson, liaison to the Division of Senior Services. “In difficult times, we look to the community to be at the forefront of change and demonstrate that together we can address our community’s most challenging needs.”

Seniors in Gloucester County can call the Division of Senior Services to provide their information and needed grocery list to a Community Service staff member. The NJ Division of Aging service partners with JerseyCares to supply Gloucester County volunteers to shop and delivery to the senior’s home. More information is available at www.gloucestercountynj.gov or by calling the Division of Senior Services at (856) 384-6900.

Gloucester County is offering Mental Health Services for those overwhelmed by COVID-19

The Gloucester County Division of Human & Disability Services provides Mental Health Services for all residents. There are resources available for you to speak with a trained professional if you're feeling anxiety or stress because of the COVID-19 pandemic. You may experience serious distress when you hear about an infectious disease outbreak, even if you are at little or no risk of getting sick. Gloucester County’s Mental Health Services have put together a resource page to help you find the right contact for you.

“Every resident has been affected by COVID-19 in some way,” said Freeholder Jim Jefferson, liaison to Division of Human and Disability Services, said. “We want to ensure that every resident feels heard, understood and educated as possible right now. Don’t be afraid to reach out for help.”

If you’re feeling overwhelmed about COVID-19 and need someone to talk to, call the NJ Warm Line 1-877-294-4357. To see the mental health resources Gloucester County visit:

<http://gloucestercountynj.gov/depts/h/hserv/mhs/resources.asp>

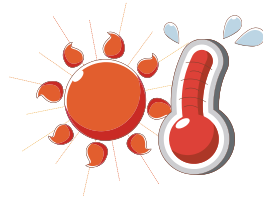
Keeping Cool

If you are interested in receiving a fan, please call the Division of Senior Services at (856) 384-6900 for more information and eligibility guidelines.

☀️ Drink plenty of water or other non-alcoholic beverages.

☀️ Make sure children and the elderly are drinking water, and ensure that persons with mobility problems have adequate fluids in easy reach.

☀️ Wear loose and light-colored clothing. Wear a hat when outdoors.



☀️ Reduce physical activity or reschedule it for cooler times of the day.

☀️ Don't leave children, elderly, a person with a disability, or pets in an enclosed car -- not even for a minute -- as temperatures can quickly climb to dangerous levels.

☀️ Talk to your health care provider about any medicine or drugs you are taking. Certain medications can increase the risk of heat-related illness.

Senior Citizen Picnic

The Gloucester County Board of Chosen Freeholders is planning the annual Senior Citizen Picnic on September 15th (rain date September 16th) from 11:00am to 3:00pm at Redbank Battlefield in National Park.

Lunch, music, entertainment, and dance contests will be presented throughout the day.

Tickets are \$2 and will go on sale at the Division of Senior Services at 115 Budd Boulevard in West Deptford in August. Please note that in order to attend this event, you must be a Gloucester County resident and be at least 60 years of age. Call (856)384-6900 for more information.



Gloucester County Offices remain open with restricted public access

In the interest of public health, effective March 18, 2020 until further notice, public access is restricted to the Division of Senior Services building.

Our division will continue to deliver services to residents through phone, online, and/or email as well as making drop boxes available for required paperwork delivery. Our drop-box is available in the front of our building at 115 Budd Boulevard. Please visit www.gloucestercountynj.gov or call 856-384-6900 updates.



www.gloucestercountynj.gov

**Gloucester County
Board of Chosen Freeholders**

**Freeholder Director
Robert M. Damming
(856) 853-3395**

**Freeholder Liaison
Jim Jefferson
(856) 853-3384**

**Executive Director
Leona G. Mather
Division of Senior Services
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The County of Gloucester complies with all state and federal rules and regulations against discrimination in admission to, access to, or operations of its programs, services, and activities. In addition, County encourages participation of people with disabilities in its programs and activities and offers special services to all residents 60 years of age and older. Inquiries regarding compliance may be directed to the County’s ADA Coordinator at (856) 384-6842/ New Jersey Relay Service 711.

Don't Forget to Complete the 2020 Census!



The Division of Senior Services wants to remind residents of the importance of completing the 2020 census.

For Gloucester County, and counties across the United States, making sure every resident is counted helps to ensure Federal funding needed to maintain our roads, provide social services, support health related programs such as Medicare, Medicaid, SNAP, CHIP and community health centers, support local business and improve our quality of life.

Responding to the census is easy and you can complete it either online, by phone, or through the mail.

To fill out the census response forms please visit www.2020census.gov or call the Division of Senior Services for assistance.

Caregiver Support Program

The Gloucester County Caregiver Support Program responds to the needs of CAREGIVERS, providing them with support and assistance in accessing services to help maintain individual caregiving needs. Services include information and assistance with in home support services, individual counseling, and a monthly caregiver support group meeting which is currently being offered virtually. For additional information regarding any of these services, please call (856)686-8338.

The Division of Senior Services is open Monday through Friday from 8:30 AM to 4:00 PM. Services are available to all residents of Gloucester County who are 60 years of age and older, regardless of race, color, or national origin in compliance with Title III of the Older Americans' Act.