

## GLOUCESTER COUNTY SENIOR NUTRITION PROGRAM – JULY 2021

Monday	Tuesday	Wednesday	Thursday	Friday
			1. Baked Potato Soup w/crackers Ham Salad Pickled Beets Bread Dessert 2% Milk	2. 4 <sup>TH</sup> OF JULY CELEBRATION Beef Cheeseburger Hamburger Roll Chuck-Wagon Corn Sautéed Onions Green Beans Dessert 2% Milk
5. <b>HAPPY 4<sup>TH</sup> OF JULY</b>	6. Minestrone Soup w/crackers BBQ Chicken Legs (2) Red Skinned Potatoes Green Peas & Carrots Roll Dessert 2% Milk	7. Spaghetti w/Pork Sausage Tossed Salad Capri Blend Vegetables Dinner Roll Dessert 2% Milk	8. Beef Barley Soup w/crackers Tuna Salad Macaroni Salad 3 Bean Salad Bread Dessert 2% Milk	9. Hot Roast Beef w/gravy Garlic Mashed Potatoes Brussel Sprouts Roll Dessert 2% Milk
12. Beef Pepper Steak w/Peppers/Onions Brown Rice Oriental Mix Vegetables Dinner Roll Dessert 2% Milk	13. Chicken Vegetable Soup w/crackers Roast Pork w/gravy Paprika Potatoes Harvard Beets Bread Dessert 2% Milk	14. Beef Meatloaf w/Gravy Mashed Potatoes Carrots Dinner Roll Dessert 2% Milk	15. Cream of Broccoli Soup w/crackers Chicken Caesar Salad Pasta Salad Dinner Roll Dessert 2% Milk	16. Beef Cheeseburger Hamburger Roll Buttered Corn Spinach Dessert 2% Milk
19. Sliced Ham w/Pineapple Sauce Mashed Sweet Potatoes Cabbage Bread Dessert 2% Milk	20. Vegetable Soup w/Crackers Beef Swedish Meatballs w/Gravy Buttered Noodles Broccoli Bread Dessert 2% Milk	21. Riblet w/BBQ Sauce Sautéed Onions Buttered Corn Green Beans Sandwich Roll Dessert 2% Milk	22. Lentil Soup w/crackers Chicken Salad Hoagie Carrot Raisin Salad Dessert 2% Milk	23. Roasted Turkey w/Gravy Bread Stuffing Glazed Carrots Bread Dessert 2% Milk
26. Beef Hot Dog Sauerkraut Baked Beans Cauliflower w/White Sauce Hot Dog Roll Dessert 2% Milk	27. Sweet and Sour Chicken w/ Peppers and Onions Brown Rice Japanese Vegetables Roll Dessert 2% Milk	28. Escarole Soup w/crackers Roast Beef w/Gravy Mashed Potatoes Peas and Carrots Bread Dessert 2% Milk	29. Chef's Salad w/ Ham, Egg and Cheese Pasta Salad Bread Dessert 2% Milk	30. Beef Meatballs Baked Cheese Ziti Sautéed Spinach Hoagie Roll Dessert 2% Milk

**MENU IS SUBJECT TO CHANGE**